

Steps to Goal Setting

Step 1: is to, **Become Clear with your purpose** of why you want to achieve for what you want to achieve

Step 2: Once you're clear of your purpose, **write down your short-term goals and long-term inspiring goals**. Inspiring goals means what moves you or where your heart is.

I follow a strategy of writing 2-4 monthly goals.

Step 3: Evaluate how much you've achieved at the end of each month. This includes the reasons for why you've not achieved what you've decided on & jotting down points to improve it next month.

Step 4: Revise your monthly goals as per the results you've achieved.

In the words of Tony Robins, "Setting the goals is the first step in turning the invisible to the visible"

Only 2 percent of people in the world set their goals as per Yale Research. Be among the 2 percent to manifest the life of your dreams by setting goals and giving direction to your life.